



Romerike
Krisesenter IKS



Are you afraid at home?

Do you feel controlled or threatened?
Are you afraid of being beaten or
harmed by someone in your family,
a partner or an ex-partner?

Are you concerned about
someone you know?

We're here to help.

CALL 66 93 23 10

OPEN 24/7

romerike-krisesenter.no



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Romerike domestic violence shelter provides assistance to residents of the 12 municipalities of Romerike: Aurskog-Høland, Eidsvoll, Enebakk, Gjerdrum, Hurdal, Lillestrøm, Lørenskog, Nannestad, Nes, Nittedal, Rælingen and Ullensaker.

We are here to help anyone who experiences domestic violence regardless of their gender or gender identity. We offer:

- Counselling, advice and guidance for victims of violence, their relatives and support network. We can arrange meetings in person or over the phone, and can provide interpreters.
- A safe, temporary place to stay.
- Help with contacting other services.

Our services are free, and you don't need a referral. You can contact us directly, or ask your doctor, police, emergency department or other agencies to contact us on your behalf.

Want to chat with someone?

The VO-line is a 24/7 chat about violence and abuse: vo-linjen.no

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